



**"Menstrual Health & Hygiene
Awareness Camp & Distribution of
Reusable Sanitary Pad"**



Organised by

**SANDESHKHALI MAA SARODA WOMEN &
RURAL WELFARE SOCIETY**

H.O.Vill-Chhotojirakepur.PO-Basirhat(RS),
Dist.-North-24Parganas, Pin-743412, West Bengal.

E-mail:-masaroda2009@gmail.com, www.masaroda.co.in, www.masaroda.org

Mob.: 9732549110 / 9064090731

Collaboration with

WOMEN DEVELOPMENT CELL
(Under Internal complains committee)

KALINAGAR MAHAVIDYALAYA

Secretary

Subhasis Mondal

SANDESHKHALI MAA SARODA WOMEN &
RURAL WELFARE SOCIETY

Co-ordinator of
Women Development Cell

Dr. Ishita Khan

Assistant Professor, Bengali
Kalinagar Mahavidyalaya

Patron

Dr. Ishani Ghosh

Teacher-In-Charge
Kalinagar Mahavidyalaya

IL
Teacher-in-charge
Kalinagar Mahavidyalaya

AWARENESS CAMP & MENSTRUAL HEALTH & HYGIENE AWARENESS
CAMP & DISTRIBUTION OF REUSABLE
SANITARY PAD

Today 22nd September 2022, WOMEN DEVELOPMENT CELL of Kalinagar Mahavidyalaya and SANDESHKHALI MAA SARODA WOMEN & RURAL WELFARE SOCIETY jointly organised an awareness camp at Kalinagar College Aila Building at 12:00 Noon.

TOPIC & MENSTRUAL HEALTH & HYGIENE AWARENESS
CAMP & DISTRIBUTION OF REUSABLE SANITARY
PAD

Eminent personalities were present in this camp and they had enriched us with their thoughtful views on topic.

The name of the resource persons were :-

1. Shovita Bhattacharjee
2. Tanaya Bantra

Shrita Khan, 22.09.22
Signature of the coordinator

Signature of the re-source persons :-

- ① Shovita Bhattacharjee
- ② Tanaya Bantra
- ③ Belash Halder

ILN
Teacher-in-charge
Kalinagar Mahavidyalaya

- ④ Sulhasi Mondal
- ⑤ Shraya Mondal
- ⑥ Nilima Dalui
- ⑦ Arjani Biswas (Adhikary)
- ⑧ Manu Mondal
- ⑨ Dr. Ishani Ghosh (TC)
- ⑩ Dr. Sulhasini Chatterjee
- ⑪ Kalyan Kr. Mondal

- ⑫ Sampa Adhija
- ⑬ Rajib Biswas
- ⑭

Signature of other participants :-

- | | |
|---|--|
| ① Swarnalee Sardar 1st sem ^{Pass} | ② Mantai Jana 1st sem ^{EDU} Honour |
| ③ Shila Mondal 1st sem pass | ④ Lilli Sardar 1st sem (H) Honour |
| ⑤ Sumiti Sardar 5th sem Pass | ⑥ Sumitris Sutar 5 th sem ^{Pass} |
| ⑦ Susmita Sardar 5 th sem Pass | ⑧ Protima Sardar 5 th sem ^{Pass} |
| ⑨ Arpita Paramanik 1st SEM, HON-HIS | ⑩ Pamila Sardar 1st Sem, Honour-HIS |
| ⑪ Barnali Sardar 1st SEM, Pass | ⑬ Riya Mondal 2nd sem Bengali |
| ⑫ Jayashree Mandal 2nd sem | ⑭ Susata Mahato 1st (H) |
| ⑮ Anaswini Das 3rd (G-E) | ⑯ Priya Sardar 1st - sem (H) |
| ⑰ Suparna Das 1st (G-E) | ⑱ Anshana Karanakar 1st - sem (G) |
| ⑲ Padma Karanakar 1st - sem (G-E) | ⑳ Anantika Das sem - 5 th |
| ⑳ Anudasha Das 5 th - sem (G-E) | ㉑ Sumana Kona 5 th sem (G-E) |
| ㉒ Ruboni Mondal 5 th - sem (G-E) | ㉓ Ajoni Mondal 5 th sem Honour |
| ㉔ Sothi Mondal 1st - sem (G-E) | ㉕ Arpita Sardar 1st - sem (G-E) |
| ㉖ Ri Hika Mondal 1st - sem (G-E) | ㉗ |
| ㉘ Nirupama Das 5 th - sem (G-E) | ㉙ Tulina parvin 5 th sem (Hon) |
| ㉚ Lipika Das 3 rd - sem (G-E) | ㉛ Nandika Das 3 rd - sem (G-E) |
| ㉜ Sunanda Maiti 3 rd - sem (G-E) | ㉝ Dalita Dey 3 rd - sem Hon (HIS) |
| ㉞ Sagorika Mondal 3 rd - sem History (H) | ㉟ Shrabani - Sarkar (H) |
| ㊱ Tanushri Mahato 3 rd - sem History (H) | ㊲ Sudipta Basman 5 th - sem (H) |
| ㊳ Barnali Das 5 th - sem (G-E) | ㊴ Munmun Mallik 5 th - sem (G-E) |
| ㊵ Antara Ghosh 1st - sem (G-E) | ㊶ Moumita Das 1st - sem (G-E) |
| ㊷ Ankita Muniam 1st - sem (G-E) | ㊸ Tanusree Mallik 3 rd - sem |
| ㊹ Sonali Dey - 3 rd - sem - (G-E) | ㊺ Barnali Mandal 3 rd - sem (G-E) |
| ㊻ Sulata Mahato 5 th - sem - (G-E) | ㊼ Rabita Mahato 5 th - sem (G-E) |
| ㊽ Kaberi Sardar 5 th - sem - (G-E) | ㊾ Ratna Das 5 th - sem (G-E) |
| ㊿ Smigda Pal 1st - sem (H) | ㊿ Shyamoli Paramanik 5 th - sem (G-E) |
| 54 Bisita Jana 1st - sem (G-E) | 55 Puja Paramanik 5 th - sem (G-E) |

ILW
Teacher-in-charge
Kalinagar Mahavidyalaya

- 56) Piyali Mondal - 1st sem (H) His 57) Mita Mondal (G.E.)
 58) Jayita Das - 3rd sem (G.E.) 59) Pooja Mondal (G.E.)
 60) Mousumi Rattan 1st sem (H) His 61) Nikita Bar (H) Edu sem - 1st
 62) Dishna Goyen - 1st sem (H) His 63) Tanuja Mondal 1st sem (H) Edu
 64) Preeti Maity - 1st sem (H) His 65) Suni Majhi (G.E.) Sem - 1st
 66) Uma Mahato - 5th - (G.E.) 67) Sayone Das (H) Se. Education sem - 1st
 68) Taru Sree Nath - 1st - (G.E.) 69) Nandita Maity (Karan) sem - 1st (G.E.)
 70) Shamiytha Nath - 5th - (H) Beng 70) Keyel Barua Sem - 1st (G.E.)
 71) Antara Mondal - 1st - SEM, (H) edu 72) Malika Pradhan sem - 1st (G.E.)
 73) Bithika Sarda - 1st - SEM, (H) edu 74) Rina Paramanik Sam - 1st (G.E.)
 75) Momon Sarda - 1st - sem (G.E.) 76) Urmila Sardar Sam - 1st (G.E.)
 77) Reema Mondal, Sam - 1st (G.E.) 78) Arjuna Khatun sem - 1st (G.E.)
 79) Jayanti Pramoni 1st - sem 1st (G.E.) 80) Madhabi Sardar SEM - 5th (General)
 81) Kabali Ghosh. Sam 1st (H) (BNG) 82) Minakshi Bhuniya sem - 3rd (G.E.)
 83) Malabika sarda. Sam 1st (H) (BNG) 84) Rumi Shree sem - 3rd (G.E.)
 85) Misti Nath Sam 1st (G.E.) 85) Payel Das sem - 3rd (G.E.)
 87) Sonehita Ghari Sam 1st (G.E.) 88) Nandita Biswas, sem - 5th (G.E.)
 89) Krishna Biswas Sam 1st (G.E.) 90) Durba Goyen (H) his
 91) Ananya Saha Sam 1st (H) (BNG) 92) Sangita Sardar (3rd sem)
 93) Malika Mondal sam 1st (G.E.) 94) Suparna Paul Education (H) - 3rd Sem
 95) Supriya Mondal (H) His 96) Laboni Mondal Education (H) - 3rd Sem
 97) Taharima Baidya (H) Education 3 sem 98) Priyanka Pal Education (H) 3rd Sem
 99) Nandita Sardar (G) 5th sem 100) Payel Mondal (G.E.) 5th Sem
 101) Manisha Sardar (G) 5th Sem 102) Deshendra Das (G.E.) 5th Sem
 103) Anpita Pradhan (H) Education 5th 104) Amira Khatun, 5th Sem, Education (H).
 105) Joba Bar 5th Sem Education (H) 106) Maya Mondal, 5th sem, Education
 107) Sahana Khatun 5th - SEM, (H) Edu 108) Sabari Sardar, 3rd sem, Bengali (H)
 109) Mamika Mondal (H) Bengali 110) Sunita Baidya, 3rd sem, History (H)
 111) Sasmita Meibha, 3rd, sem, His 112) Rekha Mondal 1st sem, Philo (H)
 114) Joyashri Mondal 1st Philosophy (H) 115) Sushama Das 1st Sem, Beng
 116) Mithe Bis 1st sem Bengel (H) 117) Sunimela Mondal 1st Sem Beng
 118) Bealith Roy 1st sem Bengel (H) 118) Bani Mondal, 5th Sem, (General) (H)
 119) Reba Das 1st Sem Bengali (H) 119) Chitka Baula 5th sem. (General)
 120) Puja Mondal 1st sem Bengla (H) 120) Maya Sardar 1st (G.E.)
 121) Puja Mondal, 5th sem (G) 121) Susama Sardar 1st (G.E.)
 122) Bhabari Sardar 3th Sem (G) 122) Shima Baula 1st (G.E.)
 123) Lipika Mondal 5th sem (G) 123) Suarnali Sardar 1st Sem

I.e.
 Teacher-in-charge
 Kalnagar Mahavidyalaya

- (224) Swarna Prasad - 1st sem (GrE) (225) Purnima Sardar - 1st sem (GrE)
- (226) Sudisha Das - 1st sem (GrE) (227) Hima Sardar - 1st sem (GrE)
- (228) Ruma Das - 5th sem (229) Kamrunnaye Sardar - 5th Hono (History)
- (230) Rima Mondal - 5th Hono (231) Shefali Sardar (H) 4th
- (232) Aditi Sarkar - 5th (GrE) (233) Supriya Mondal 1st sem (Hons)
- (234) Indrani Das - 5th (GrE) (235) Rupali Das 1st sem (Hons)
- (236) Pallabi Sardar - 1st sem (Hons) (237) Manika 1st (Gr.A)
- (237) Mithu Sardar - 1st sem (GrE) (238) Usha Sardar 1st sem (GrE)
- (239) Poojita Mishra - 3rd Sem (Gr.E)
- (240) Poojita Sarkar - 1st Sem (H)
- (241) Poojita Giria - 5th Sem (GrE) (242) Anapita Das - 3 sem
- (243) Jhulika Laya 1 sem (Gr.E)
- (244) Tanusree Patra 1 sem (Gr.E)
- (245) Sonali Khater 1 sem (Gr.E)
- (246) Tanu Sardar 1st sem (Gr.E)
- (247) Alsona Nasrin 1 sem (Gr.E)
- (248) Dama Mondal 5th Sem (Gr.E)
- (249) Barnali Munda 1st Sem (Gr.E)
- (250) Susmita mail 1st Sem (Gr.E)
- (251) Shrabani Das 1st Sem (H)
- (252) (H) Seedipta Mondal 1st Sem (H)
- (253) Mita Pradhan 1st Sem (H)
- (254) Dayamandi Mondal 1st Sem (H)
- (255) Dipanwita Dhale 1st Sem (H)
- (256) Mandisa Maity 1st Sem (H)
- (257) Payel Das 1st Sem (H)
- (258) Alaka Karan 1st Sem (H)
- (259) Rakhi Gayen 1st Sem (H)
- (260) Monalisa Mondal 3rd Sem (H)
- (261) Suparna Mondal 3rd Sem (H)
- (262) Poojita Barik 5e (GrE)
- (263) Rima Patra 5th sem (H) @ BNG
- (264) Trishna Mal 5 sem (Gr.E)
- (265) Munna Mishra 5th sem (H)
- (266) Dipshikha Goswami 3rd Sem (H)
- (267) Sudebi Biswas 5th sem (H)
- (268) Poojita Giria 3rd Sem (H)



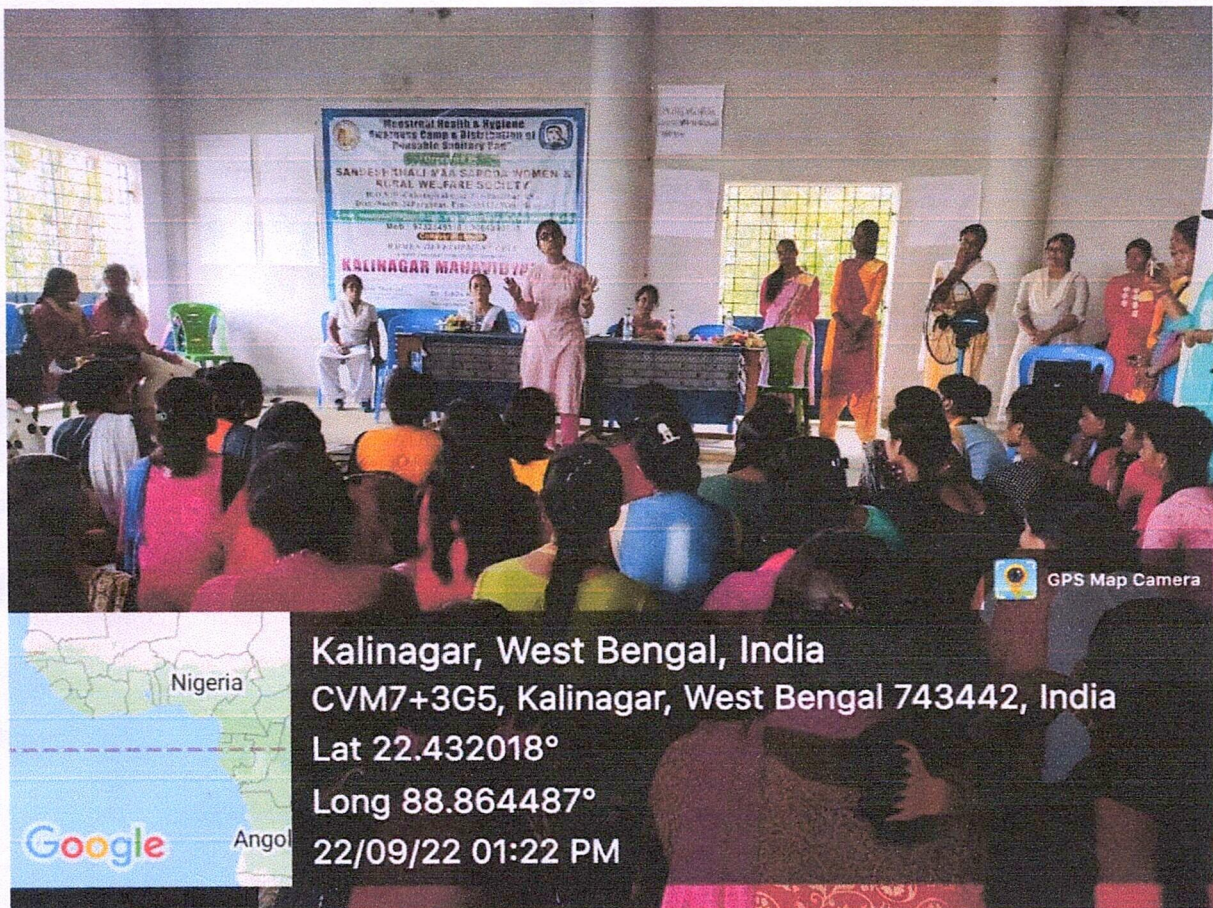
ESTD-1985

KALINAGAR MAHAVIDYALAYA

Government Aided College Affiliated to the West Bengal State University

P.O.: KALINAGARHAT. NORTH 24 PARGANAS. PIN: 743442. PHONE- 8328719680

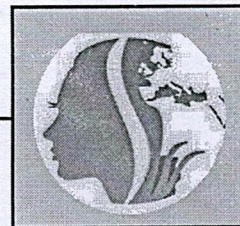
An Awareness Camp on Menstrual Health and Hygiene and Distribution of Reuseable Sanitary Pad, 22th September, 2022



Tej
Teacher-in-Charge
Kalinagar Mahavidyalaya

WOMEN DEVELOPMENT CELL

KALINAGAR MAHAVIDYALAYA



A joint initiative of WOMEN DEVELOPMENT CELL of KALINAGAR MAHAVIDYALAYA and Sandeshkhali MAA SARODA WOMEN & RURAL WELFARE SOCIETY were organized an Awareness Camp at AILA BUILDING of KALINAGAR MAHAVIDYALAYA dated 22nd September 2022 at 12 noon. The discussion topic was –

“MENSTRUAL HEALTH & HYGIENE AWARENESS CAMP & DISTRIBUTION OF REUSABLE SANITARY PAD”

Teacher-in-Charge of the college Dr. Ishani Ghosh delivered the welcome speech at the beginning of the camp. Mr. Bilash Halder (Panchayat Pradhan, Kalinagar GP) was present as a guest in this camp and he enriches us with his words. After that, the secretary of Sandeshkhali Maa Saroda Women and Rural Welfare Society Mr. Subhasis Mondal presented the activities of their society to us through a speech.

Two resource persons were present in the main episode –

- Shovita Bhattacharya highlighted the various taboos in the society regarding women's menstruation and she also talks about breaking the taboos through the example of many thinkers and their stories.
- Tanaya Santra, at the beginning of her speech, giving a detailed idea about the physiological structure of women and give a scientific explanation of the state of menstruation. She also explains about the precautions that should be taken during this cycle.

268 students attended this camp as audience.

Reusable pads are distributed to all by Sandashkhali Maa Saroda Women and Rural Welfare Society.

All in all, the whole event was quite interesting and delightful.

I. Ghosh
26.09.23
Teacher-in-Charge
Kalinagar Mahavidyalaya